

200 HOUR TRAINING



200 Hour Inspire Yoga® Foundational Yoga Training

Bethaney Pilat & Mary Wilkinson

Journey toward self-discovery. Ignite your passion. Learn the foundations of yoga, embody the benefits of the practice, and share the joy of this passion. A comprehensive, practical, and life-changing experience awaits you.

LEARN. LEAD. INSPIRE.



IYS 200 Yoga Training 2015 Calendar

2015 6 Week Summer Intensive | June - August 2015

Mondays - Fridays 12:00-4:30 pm

June 8-12 | 15-19 | 22-26

July 6-10 | 20-24

August 3-7

2015 Fall Weekend Training | September 2015 - January 2016

Fridays 6-9pm, Saturdays 12:30-8pm, Sundays 1-4pm

September 25-27

October 9-11 | 16-18 | 23-25

November 13-15 | 20-22

December 11-13

January 8-10 | 22-24 | 29-31

TUITION COSTS

EARLY BIRD Tuition for Fall Training \$2,595

(reg \$2,995)

Ends 9/1/15

Are you an Inspire Yoga member?

Save 15% (off regular tuition) when you enroll!

- Payment Plans Available -